Paperbag Waist Trouser Pattern Adaption

**Needed:**
- GBSB Capri Trouser Pattern
- Sticky Tape
- Paper Scissors
- Paper
- Ruler

*This document serves only as a guide. There are a few ways to add pleats into a trouser pattern, I have just provided one of the easiest ways. The end result will have a loose fit around the legs due to the excess fabric from the pleats at the waist.*

**Steps**

1. *The waistline of the GBSB Capri Trousers should sit in your natural waist. However, in order to get a flattering Paperbag effect, we need to extend above the waistline.*
   
   Extend 6cm up from the Waistline.
   
   Straighten the Side Seams.
On the Front, find the mid-point of the Top Line. Measure 2.5cm from the Mid-Point line towards the Side Seam and make a mark. These mark the positions of the Front pleats.

On the Back, square up the top of the dart markings to the Top Line, keep them the same distance apart. (If these markings are not 5cm apart, move the right-hand one closer to the left-hand one until they are 5cm apart.) Measure 2.5 cm from the left dart marking towards the Side Seam and make a mark.

On the Front, square up from the Hem Line to the markings made in the previous step.

On the Back, square up from the Hem Line to the marking made in the previous step.
The pleats are going to be 5cm each.
On the Front, cut along the 2 red lines and space the pieces 5 cm on either side of the centre piece.
On the Back, cut along the red line from the previous step and space the pieces 5cm apart.
The dart will become the other pleat, leave it for now.
Trace around the new Back and Front pattern pieces or simply stick 5cm wide strips of paper in these spaces.

Only mark the top 7cm of each pleat marking.
The dart at the Back no longer exists. Extend the markings made in step 2 by 8cm and keep them parallel to the Back pleat lines.
Facing: Trace off the area above the original waistline on the Front and Back.

You will end up with 2 Front and 2 Back Facing pieces.

Optional: To make the trousers more of a wide leg style, straighten the seams of the legs from around the knee or even from the hip area.
For the Turn-up, extend the hem line by 2.5cm. The old Hem Line will become a Fold Line.

For a more flattering effect, I recommend lengthening the trouser leg along the original “Lengthen/Shorten line”.

I find that Wide Leg Trousers look better when they are worn longer.  
*The original pattern ends at the ankle.*

9. Belt Loops: Cut 4 belt loops 4cm x 5cm each.
Ties: Cut 4 ties that are roughly 7cm x 30cm each.

The finished pattern should resemble something like this.