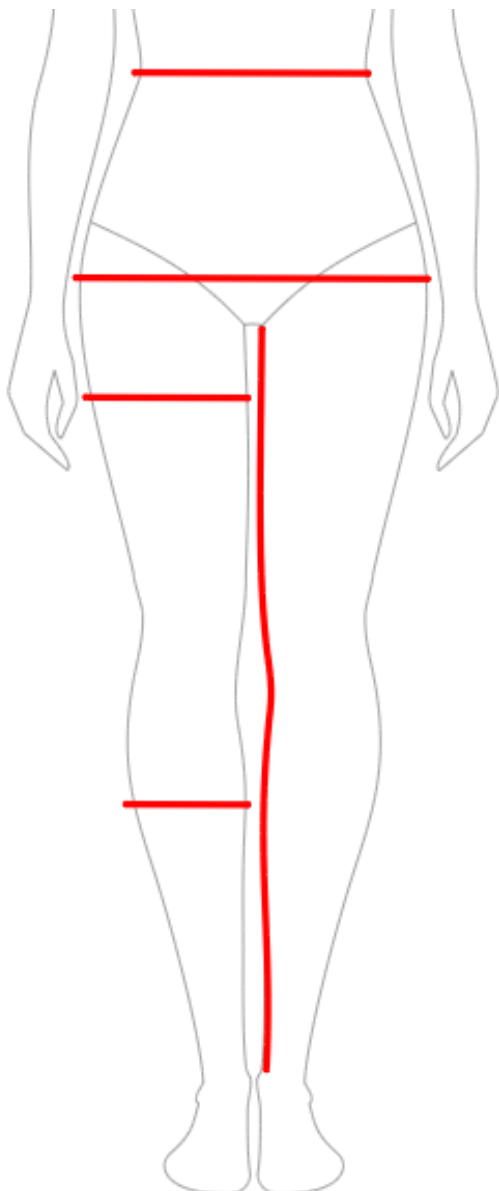


## Measurements for Leggings Pattern by Henrike Domin

I recommend wearing something fitted to help get accurate measurements for this fitted garment.  
You can easily grade between sizes or alter the length of the pattern.

Sizes	32	34	36	38	40
Natural Waist	62 cm	66 cm	70 cm	74 cm	78 cm
Hips	87 cm	92 cm	96 cm	100 cm	104 cm
Thigh	47.5 cm	49.5 cm	51.5 cm	53.5 cm	55.5 cm
Calf	33.5 cm	34.5 cm	35.5 cm	36.5 cm	37.5 cm
Sizes	42	44	46	48	50
Natural Waist	82 cm	84 cm	88 cm	94.5 cm	101 cm
Hips	108 cm	112 cm	116 cm	122 cm	128 cm
Thigh	55,5 cm	57,5 cm	59,5 cm	62,5 cm	64,5 cm
Calf	37,5 cm	38,5 cm	39,5 cm	41 cm	42,5 cm



### **Natural Waist:**

Measure around the slimmest part of your upper torso

### **Hips:**

Measure around the fullest part of your lower torso

### **Thigh:**

Measure around the fullest part of your thigh.

### **Inseam:**

Measure down the inside of your leg from your Crotch to where the Hem will be (Ankle/Mid Calf/Mid Thigh)

Follow the curve of your body.

*The length of the pattern's inseam varies depending on the size and style version. Rather use a measurement that suits you and adapt the pattern if necessary.*

### **Calf:**

Measure around the fullest part of your Calf.