

Pattern

Seam allowances are included in the Cala Shirt pattern and sizing is based on the measurements of the finished garment rather than according to your measurements.

I made a few tweaks to the original style of the pattern which was to make a regular cut-on button stand rather than a concealed one and make the shirt all in one colour/same fabric.

I also omitted the triangle inserts for the slits. The way I sewed the slits was neat enough and omitting them was a style preference.

In order for me to make a neat Sleeve Placket, I made an Under-placket piece to stitch to the other side of the slit that is cut into the Sleeve. Together with the Placket piece these pieces make up what's called a 2 piece Placket.

As there are 2 Sleeves, I cut 2 rectangles each 15cm long and 4cm wide.

This is how I figured out these measurements:

I measured the length of the Placket on the Sleeve pattern, excluding the little triangle.

This measured 14cm and I added 1cm seam allowance to the top to make it 15cm.

As the seam allowance is 1cm and the Under-placket piece needs to encase the seam allowance like binding, the width needs to be quadruple (4x) the seam allowance making it 4cm.

Fabric

This pattern will work well with a variety of woven fabrics such as Linen and Cotton. Different weights will give very different looks. A lightweight fabric will create a lovely summery casual shirt while a medium to heavy weight fabric would make for a warmer shirt or even a shaket (shirt jacket).

Experiment with different patterned fabrics and even combinations of solid and patterned fabric like the original Cala Shirt.

Cutting out the Fabric

Shirt Fabric

I cut all the pattern piece out of the same fabric.

In order to make the regular cut-on button stand: I omitted pattern pieces 1b & 1c and instead cut pattern piece 1 twice (mirrored).

So pattern piece 1 will be used for the Front Right and the Front Left.

Vilene

When cutting Iron-on Vilene, it is customary to cut without the seam allowances to reduce bulk in the seams.

Cut:

2 x Cuffs (3b)

1 x Collar (1b)

Iron Vilene on to the wrong side of one of the Collar piece. This piece will be the Outer Collar.

Iron Vilene on to the wrong side of two of the Cuff pieces. These will be the Outer Cuffs.